



Downtown Sundown 5K

Saturday, June 18

8:30pm

A Blacksburg Striders Event

Sponsored by Downtown Blacksburg, Inc. Proceeds

benefit the Blacksburg High School

Cross Country and Track & Field Programs

Come join the fun and run the streets and trails of Blacksburg at sunset! Prizes awarded under the stars!

Packet pick-up and race day registration: Begins at 3pm on race day. The registration table is located on S. Main & Washington Street. Race day registration for the event will close promptly at 7:15pm. Race will begin at the corner of Miller & Draper Road, near the Blacksburg Public Library.

Safety Requirement: All runners must wear reflective, light colored shirt and carry a cyalume/glowstick. Glowsticks will be available for sale at the packet pick-up. No strollers, animals or headphones will be permitted on the course during the race.

Awards—Overall: Top 3 male and female finishers will receive an award. The first male and female masters (40+) and grand masters (50+) will receive an award. Age group: Award three deep, male and female, in the following categories: below 16, 16-19, 20-24, 25-29, 30-34, 35-39, 40-49, 50-59, 60+. Runners are eligible for one award, which will be determined in the following order of priority: overall, masters, grand masters, age group. Awards will not be mailed.

Course: The 5K course loops from downtown through Blacksburg on roads and paved footpaths. All miles will be marked. Water will be available. A course map will be available on the Downtown Blacksburg Inc. website (downtownblacksburg.com).

Post Race: Post race food and beverages will be available at the finish.

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2011 Downtown Sundown 5K

Last Name _____ First Name _____

Address _____

Phone Number _____ E-Mail _____

Male _____ Female _____ Age on 6/18/11 _____ Run _____ Walk (18 min pace) _____ T Shirt size: S M L XL

Fees: \$17 if postmarked by 6/14/11, \$20 thereafter. First 250 registrations received will receive a T shirt. Send entry check made payable to **Blacksburg Striders** to: Downtown Blacksburg Incorporated, P.O. Box 233 Blacksburg, VA 24063.

Waiver: In consideration of being permitted to participate in the 2011 Downtown Sundown 5K, I _____ do hereby for myself, my heirs, executors, administrators and assignees, release and forever discharge Downtown Blacksburg Inc. and their respective officers, employees, agents, subsidiaries and affiliates, all sponsors, the Town of Blacksburg, Blacksburg Striders and all those persons involved in organizing and manning this event from all claims, demands, losses, damages, actions, case of action or suits of whatsoever kind of nature, arising out of my participation in the Downtown Sundown 5K on 6/18/11. I understand that as an evening race I must wear a reflective shirt and carry a cyalume/glowstick to make myself visible. I realize that some of the activities may subject me to certain stresses or hazards not all of which can be foreseen. I desire and consent by signing this form, to take part in all such activities. Furthermore, I also agree that I have appropriate health care coverage for this activity.

Signature _____ Date _____

Signature of Parent/Legal Guardian if Participant is under age _____

